



Benefits

- Vitamin B12 Sustained Release contributes to normal:
- Energy-yielding metabolism;
 - Reduction of tiredness and fatigue;
 - Functioning of the nervous system;
 - Homocysteine metabolism;
 - Functioning of the immune system;
 - Psychological function.

www.vegetology.com



Stay Connected

Vitamin B12

Vegetology Vitamin B12 is a novel formula designed to offer sustained release for prolonged performance and benefits. Vitamin B12 contributes to energy metabolism and the reduction of tiredness & fatigue. We use an elevated level of water-soluble Vitamin B12 in the form of Cyanocobalamin.

- Long-lasting formula.
- Sustained release high strength 1000mcg Vitamin B12 per day.
- 60 tablets per bottle (2 months supply).
- Registered with the Vegan Society & Vegetarian Society.



Peel back for more information



VEGETOLOGY

Dietary Supplement

Vitamin B12 1000mcg

Sustained Release

60 Tablets



Allergy Advice:

Free from gluten, sugar, wheat & dairy.

Ingredients: Microcrystalline cellulose, Hydroxypropylmethyl Cellulose, Cyanocobalamin, Anticaking agent (Magnesium Stearate).

Supplement Facts

Serving Size 1 Tablet. Take with food or immediately after food, with a full glass of water.

Amounts Per Serving	% EU NRV
Vitamin B12 (Cyanocobalamin)	1000mcg 40000%

Nutritional Facts: Figures as per United States FDA guidelines. **Servings: 60, Serv. size: 1 tablet.** Amount per serving: **Calories 0.0045, Total Fat 0.005g** (0.01% DV), Sat. Fat 0.05g (0% DV), Trans Fat 0g (0% DV), **Cholest.** 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb.** 0g (0% DV), Fibre 0.18g (0% DV), Total Sugars 0g (Incl. 0g Added Sugars, 0% DV), **Protein** 0g (0% DV), Vit B12 0.001g (16666.7% DV).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: Store in a cool dry place, out of reach of children. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated dose.

Vegetology, Nottingham NG7 5HF
UK Tel: USA 888 272680
Worldwide +44 (0) 800 1700184

