



Benefits

Vitamin B12 contributes to normal:

- Energy-yielding metabolism;
- Reduction of tiredness and fatigue;
- Functioning of the nervous system;
- Homocysteine metabolism;
- Functioning of the immune system;
- Psychological function.



Vitamin B12

Vegetology Vitamin B12 is a novel formula designed to offer sustained release for prolonged performance and benefits. Vitamin B12 contributes to energy metabolism and the reduction of tiredness & fatigue. We use an elevated level of water-soluble Vitamin B12 in the form of Cyanocobalamin.

- Long-lasting formula
- Sustained release high strength 1000µg Vitamin B12;
- 1 per day;
- 60 tablets per bottle (2 months' supply).
- Registered with the Vegan Society & Vegetarian Society.



Sustained Release

Peel back for more information



Allergy Advice: Free from gluten, sugar, wheat & dairy.

Ingredients: Microcrystalline cellulose, Hydroxypropylmethyl Cellulose, Cyanocobalamin, Anticaking agent (Magnesium Stearate).

Supplement Facts

Serving Size 1 Tablet. Take with food or immediately after food, with a full glass of water.

Amounts Per Serving	% EU NRV
Vitamin B12 (Cyanocobalamin) 1000µg	40000%

Nutritional Facts: Figures as per United States FDA guidelines.
Servings: 60, Serv. size: 1 tablet. Amount per serving:
Calories 0.0045, Total Fat 0.005g (0.01% DV), Sat. Fat 0.05g (0% DV), Trans Fat 0g (0% DV), Cholesterol, 0mg (0% DV), Sodium 0mg (0% DV), Total Carb. 0g (0% DV), Fibre 0.18g (0% DV), Total Sugars 0g (Incl. 0g Added Sugars, 0% DV), Protein 0g (0% DV), Vit B12 0.001g (16666.7% DV).

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vegetology, Nottingham NG7 5HF
 UK Tel: USA 888 2772680
 Worldwide +44 (0) 800 1700184

Warning: Store in a cool dry place, out of reach of children. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated dose.



www.vegetology.com