

### Supplement Facts

Take with food or immediately after food, with a full glass of water.

Amount per Serving	% EU NRV	Amount per Serving	% EU NRV
Vitamin B2 10mg	74%	Vitamin C	160mg
Vitamin B3 25mg	156%	Iron	14mg
Vitamin B5 10mg	166%	Coenzyme Q10	60mg
Vitamin B6 5mg	357%	Riboflavin	200mg
Vitamin B12 1000µg	40000%	Schisandra Chinese Extract	200mg
Folate 200µg	100%		N/A

See overleaf for full ingredients list.

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**Nutritional Facts:** Figures as per United States FDA guidelines.  
**Servings: 60, Serv. size: 1 capsule.** Amount per serving:  
**Calories 0.** Total Fat 0g (0% DV), **Total Carb** 0.0004g  
 (0.05% DV), **Trans Fat** 0g (0% DV), **Cholesterol** 0mg  
 (0% DV), **Sodium** 0mg (0% DV), **Total Carb** 0.055g (0.2% DV), **Fibre**  
 0g (0% DV), **Total Sugars** 0g, **Protein** 0.000g (0.00% DV)

These statements have not been evaluated by the  
 Food and Drug Administration. This product is not  
 intended to diagnose, treat, cure, or prevent any  
 disease.

**Warning:** Store in a cool dry place, out of reach of  
 children. Food supplements should not be used as a  
 substitute for a varied diet. Do not exceed the  
 stated dose.

**Vegetology**, Nottingham NG7 5HF, UK  
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This Vegetology bottle is 100% biodegradable in under 10 years!

# Active Energy Complex

VEGETOLOGY

Food Supplement

Energy Boosting Formula

**Allergy Advice:** Free from gluten, sugar, wheat, & dairy.

**60**  
Capsules

[www.vegetology.com](http://www.vegetology.com)



Energy Boosting



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## Active Energy Complex

Vegetology Active Energy Complex is designed to help fight fatigue and support your daily performance levels. It combines Vitamins with herbs used in Traditional Chinese Medicines and is ideal for general tiredness, unforgiving work schedules, or just helping with hectic lifestyles.

- Energy boosting formula.
- 1 capsule per day.
- 60 capsules per bottle (2 months supply).
- Registered with the Vegan Society & Vegetarian Society.

## Benefits

Vegetology Active Energy Complex contributes to normal:

- Energy-yielding metabolism.
- Reduction of tiredness and fatigue.
- Functioning of the nervous system.
- Homocysteine metabolism.
- Functioning of the immune system.
- Psychological function.

Full range online: [www.vegetology.com](http://www.vegetology.com)



## Ingredients

Ascorbic Acid, Iron Bisglycinate, Coenzyme Q10, Nicotinamide, Rhodiola Extract, Schisandra Extract, Calcium Pantothenate, Riboflavin, Pyridoxine Hydrochloride, Folate, Cyanocobalamin, Vegetable Capsule Shell (Hydroxypropylmethyl Cellulose), Anticaking agents (Magnesium Stearate, Silicon Dioxide).

Peel back for full ingredient list and more

What is Active Energy Complex?  
 Vegetology Active Energy Complex is designed to help fight fatigue and support your daily performance levels.