Ingredients

Calcium Carbonate, Maltodextrin, Magnesium Oxide, Microcrystalline cellulose, Ascorbic Acid, Zinc Citrate, Film Coating (Hydroxypropylmethyl Cellulose, Vegetable Glycerol), Vitamin E Acetate, Maize starch, Anticaking agents (Magnesium Stearate, Silicon Dioxide), Nicotinamide, Ginger Extract, Vitamin K2, Vitamin D3 Compound (Corn Starch, Medium Chain Triglycerides, Arabic gum, Sodium Ascorbate, D Alpha Tocopherol, Cholecalciferol), Calcium Pantothenate, Manganese Sulphate, Copper Sulphate, Riboflavin, Pyridoxine Hydrochloride, Thiamine Mononitrate, Folic Acid, Potassium Iodide, Chromium Chloride, Selenium Methionine, Sodium Molybdate, Biotin, Cyanocobalamin.

Benefits

PregnaVie has been specially formulated to support you and your Baby throughout pregnancy and breastfeeding.

For Baby:
- Folic Acid contributes to normal maternal tissue growth during pregnancy.
- Vitamin D3 is the recommended minimum amount during pregnancy.

For you:
- B12 helps maintain energy levels, reducing tiredness & fatigue.
- Ginger helps to maintain digestive health.

Stay Connected

View full product range online: www.vegetology.com

For you and Baby

PregnaVie

Vegan · NON GMO · Gluten Free

PregnaVie contains 400mcg of Folic Acid and 20 other nutrients essential to the health of Mum and Baby. PregnaVie has been specially designed to support you and your Baby throughout pregnancy and breast-feeding. We've added Ginger to help maintain your digestive health.

- For all stages of pregnancy.
- Ideal from conception planning, throughout pregnancy and during breast feeding.
- 1 per day.
- 60 tablets per bottle (2 months' supply).
- Registered with the Vegan Society & Vegetarian Society.

Peel back for full ingredient list and more

Dietary Supplement

Pregnancy

& Breastfeeding Formula

20+ Vitamins & Minerals

Allergy Advice:
Free from gluten, sugar, wheat & dairy.

60 Tablets

PregnaVie
VEGETOLOGY

Vegan · Vegetarian Society APPROVED

www.vegetology.com

Supplement Facts

Serving Size 1 Tablet
Take with or immediately after your main meal, with a full glass of water.

Amounts Per Serving		% EU NRV	Amounts Per Serving		% EU NRV
Vitamin B1	1.1mg	100%	Vitamin K2	75mcg	100%
Vitamin B2	1.4mg	100%	Calcium	400mg	50%
Vitamin B3	16mg	100%	Magnesium	187.5mg	50%
Vitamin B5	6mg	100%	Zinc	5mg	50%
Vitamin B6	1.4mg	100%	Chromium	40mcg	100%
Vitamin B12	5mcg	200%	Molybdenum	50mcg	100%
Folic Acid	400mcg	200%	Manganese	2mg	100%
Biotin	50mcg	100%	Iodine	150mcg	100%
Vitamin C	80mg	100%	Copper	1mg	100%
Vitamin D3	10mcg	200%	Selenium	55mcg	100%
Vitamin E	12mg	100%	Ginger	100mg	N/A

See overleaf for full ingredients list. PV1

Nutritional Facts: Figures as per United States FDA guidelines. **Servings: 60, Serv. size: 1 tablet**, Amount per serving: **Calories** 0.225, **Total Fat** 0.0006g (0.01% DV), Sat. Fat 0.0004g (0.05% DV), Trans Fat 0g (0% DV), **Cholest**. 0mg (0% DV), **Sodium** 0mg (0% DV), **Total Carb** 0.055g (0.2% DV), Fibre 0g (0% DV), Total Sugars 0g, **Protein** 0.000g (0.00% DV)

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: Store in a cool dry place, out of reach of children. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated dose.

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